



Family Pharmacy & Wellness Center

Contact Us

Ph (218) 759-1222 Toll Free 888-716-5586
217 Paul Bunyan Drive NW Bemidji, MN
www.medsavebemidji.com

Medsaves dietician, offering new services



Kristin Klinefelter, MS, RD, LD

Kristin is happy to join the staff at Medsave Family Pharmacy and Wellness Center. She has been a registered dietitian for 10 years, focusing on family wellness and chronic disease management.

She currently is an independent nutrition consultant in Bemidji, offering a variety of services to area group homes, Head Start, Indian Health Service and local businesses.

Kristin especially enjoys working with groups and doing presentations on a variety of topics.

**Please call Colleen at 218-759-1222 ext. 111
for more information**

Nutrition Counseling/Medical Nutrition Therapy:

Individual or group nutrition education for a variety of health concerns. One hour sessions will include a medical/nutritional history, nutrition assessment, and education with handouts. Participants will leave with a nutrition plan and goals for follow-up if needed. Some medical insurance will cover this service. Medical conditions can include: weight management, diabetes, hypertension, high cholesterol, trying to conceive (PCOS) or other topics as requested. Participants are encouraged to bring support people.

Group Education Talks:

Chose from a variety of topics or request your own. Group talks are perfect for worksite wellness, employee training or other events. Medsave will offer a variety of monthly topics or call Colleen at 218-759-1222 ext. 111 to request your own.

Ask the Dietician:

Time will be set aside for our Registered Dietician to be at Medsave to answer any of your nutrition questions. Please call Colleen at 218-759-1222 ext. 111 for a schedule.